



## Detailed Syllabus-BA Sanskrit SemesterVI

### B.A: Semester VI 'Paper-1'

#### SAN-PO-601: Modern Sanskrit Literature

**Credit:05,IA Marks:25,ESE Marks:75**

**Lecture:90 Hours, Tutorial:14**

#### Objectives of the Course:

- 1.To introduce students to modern Sanskrit writers and their literary contribution.
- 2.To acknowledge students with Sanskrit Short Stories of Sahitya Academy Awarded 'Anabhipsitam' and famous academician's renowned Laghukavya 'Guruparampara' which will initiate students to learn and create Sanskrit literature with values of Indian tradition.
- 3.To understand students with the 'Shram-Mahatmyam' of Sridhar BhaskarVarnekar. The text will teach students Sanskrit and importance of hard work.
- 4.To acknowledge students with 'Chhatrapatisamrajyam', a Sanskrit famous Nataka.
- 5.To understand students 'Vajramanini' (Sanskrit Upanyas),the Sanskrit Upanyas with very interesting informations. That's why it is popular in South India also.
- 6.To make familiar students with 'TadevaGaganam Saiva Dhara' very rhythmic Sanskrit Gitikavya.
- 7.To acknowledge students with Katha Muktavali and emotions in Sanskrit by Kshama Rao.
- 8.To understand student with Dipamalika (Sanskrit Shubhasita) and teach them Indian values in form of Shubhasita.

Unit	Topic	No of Lectures
I	General Introduction of modern Sanskrit writers and their contribution (Including Prof. C.Upendra Rao, Prof PrashasyamitraShashtri, Prof. Ram Sumer Yadav, Prof. Dinesh Chandra Shastri (Chief Editor of VaidicVagJyoti; Former Editor Gurukul-Patrika), DrPramodBhartiya (Writer of Popular Collection of Sanskrit Short Stories Sahpathini)	10
II	'Anabhipsitam' (Collection of Short Stories) (First Five Stories) By Prof PrashasyamitraShashtri 'Guruparampara' (LaghuKavyam) (Padya 01-30) By Prof. C.Upendra Rao.	10
III	'Shram-Mahatmyam' (Sodashi)-Sridhar BhaskarVarnekar.	9

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<b>IV</b>	‘Chhatrapatisamrajyam’ (PrathamAnka)(AdhunikaNataka) By MoolshankarManiklalYajnik.	9
<b>V</b>	‘Vajramanah’ (Sanskrit Upanyas) (Chapter 1to 5) By Prof. Ramsumer Yadav	10
<b>VI</b>	‘TadevaGaganam Saiva Dhara’ (Padya 1 to 5) By Acharya Srinivas Rath	10
<b>VII</b>	‘Katha MuktaVali’ (Sanskrit Katha) (KshanikaVibramah) By Kshama Rao	09
<b>VIII</b>	‘Dipamalika’ (Sanskrit Shubhasita) By Pt.VasudevaDwivediShastri	09

**Course Outcomes.** After successful completion of this course students will be able to:

S.No	Course Outcome	Bloom’s Taxonomy
1	1.CO1 Students will able to understand modern Sanskrit writers (Including Prof. C.Upendra Rao, Prof PrashasyamitraShashtri, Prof. Ram Sumer Yadav, Prof. Dinesh Chandra Shastri (Chief Editor of VaidicVagJyoti; Former Editor Gurukul-Patrika), DrPramodBhartiya (Writer of Popular Collection of Sanskrit Short Stories Sahapathini) and their contribution.	K-1
2	2. CO2 Students will able to understand ‘Anabhipsitam’ by Prof PrashasyamitraShashtri and ‘Guruparampara’by Prof. C.Upendra Rao and will be able to summarize creative facts of Prose and Poetry writing in Sanskrit.	K-1, K-2
3	3. CO3 The Student will able to understand meaning and importance of Hardwork in ‘Shram-Mahatmyam’ by Sridhar BhaskarVarnekar.	K-2
4	4. CO4 The Students will understand meaning and importance of through ‘Chhatrapatisamrajyam’ (PrathamAnka) By MoolshankarManiklalYajnik.	K-2
5	5.CO5 The Students will be able to read and understand first five chapters(Pariccheda) ‘Vajramanah’ (SanskritUpanyas) by Prof. Ram Sumer Yadav.	K-2
6	6. CO6 The Students will be able to understand and explain first five chapter of ‘TadevaGaganam Saiva Dhara’ (Padya 1 to 5).	K-2
7	7.CO7 The Students will be able to understand ‘Katha MuktaVali’ (Sanskrit Katha) (KshanikaVibramah).	K-2
8	8.CO8 The Student will be able to understand meaning and values ‘Dipamalika’ (Sanskrit Shubhasita) By Pt.VasudevaDwivediShastri.	K-2

**Suggested Readings-**

1. C.Upendra Rao;Guruparampara,PrithveePrakashan, New Delhi,2014. ISBN978-81-86845-25-9.
2. C.Upendra Rao, Madhulika (Sanskrit Kavyavali),Eastern Book Linkers,DaryaGanj, New Delhi,2019.

  
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3. Ramsumer Yadav, Vajramanah, Hindi Anuvad, Devakinandan Srivastav, Parimal Prakashan, 2011.  
Prof., Dr Pramod Bhartiya (Writer of Popular Collection of Sanskrit Short Stories Sahpathini)
4. Prashasyamitra Shashtri, Anabhipsitam, Akshyavata Prakashan, Allahabad, 2007.
5. Vaidika Vag Jyoti, Chief Editor-Dinesh Chandra Shastri, Gurukul Kangri Vishwavidyalaya,  
Haridwar, Uttarakhand. Former Editor).
6. Gurukul-Patrika, Co-Editor -Dinesh Chandra Shastri, Gurukul Kangri Vishwavidyalaya,  
Haridwar, Uttarakhand.
7. Sodashi-Sridhar Bhaskar Varnekar, Shram-Mahatmyam, Editor-Prof  
Radhavallabh Tripathi, Sahitya Academy, New Delhi.
8. Sri Mulashankar Manikalal Yagyanik, Chatrapati Samrajyam, Vyakhyakar-  
Dr Naresh Jha, Chaukhamba Surbharati Prakashan, Varanasi.
9. Acharya Srinivas Rath, Tadeva Gaganam Saiva Dhara, Nag Publishers 1995.
10. Kshama Rao, 'Katha Muktavali', N.M. Tripathi Ltd, Bombay.
11. Pt. Vasudeva Dwivedi Shastri, Dipamalika, Sarvabhaum Sanskrit Prachar Sansthan, Varanasi.

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## Detailed Syllabus-BA Sanskrit SemesterVI

### B.A: Semester VI 'Paper-2'

**SAN-PO-602: Ayurveda evamSwasthyaVigyan**

**Credit:05,IA Marks:25,ESE Marks:75**

**Lecture:90 Hours, Tutorial:14**

### Objectives of the Course:

- 1.To introduce students to Sanskrit Ayurveda writers and their contribution.
- 2.To acknowledge students with Ayurveda it's meaning, definition and some basic concepts of Ayurveda.
- 3.To understand students with first chapter of Carak Samhita's sloka 41 to 92 of Chapter1 for longevity of Life.
- 4.To understand students four essential factors of health quadrilateral including Cikitsaka,Ausadhi,Paricaraka and Rogi in 9<sup>th</sup> chapter of Sutra Sthan.
- 5.To make familiar students with Remedies and Diseases from 10 thAdhyayof Sutrasthan of Caraka Samhita.
- 6.To acknowledge students with AstangaHridaya with basic principles of Ayurveda.

Unit	Topic	No of Lectures
<b>I</b>	General Introduction of Ayurveda, Origin and Development. Famous Ayurveda writers-Caraka, Susruta,Vagbhatta,Madhava,Sharangadhar,Bhavamishra.	10
<b>II</b>	Meaning and difinition of Ayurveda, Basic concepts, Utility and importance in modern era,Astanga Ayurveda.	10
<b>III</b>	Caraka Samhita-Sutra Sthana PrathamAdhaya(Sloka41 to 92)	9
<b>IV</b>	Caraka Samhita-Sutra Sthana PrathamAdhaya(Sloka93 to Samaptiparyant)	9
<b>V</b>	Caraka Samhita-Sutra Sthana NavamAdhaya	10
<b>VI</b>	Caraka Samhita-Sutra Sthana DashamAdhaya	10
<b>VII</b>	AstangaHridayam-Vagabhatta Sutrasthanam-Pratham Adhaya1-19.	09
<b>VIII</b>	AstangaHridayam-Vagabhatta Sutrasthanam-Pratham Adhaya20-44.	09

  
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**Course Outcomes.** After successful completion of this course students will be able to:

S.No	Course Outcome	Bloom's Taxonomy
1	1.CO1 Students will able to understand Sanskrit Ayurveda writers (Including Caraka, Susruta, Vagbhatta, Madhava, Sharangadhar, Bhavamishra.	K-1
2	2. CO2 Students will able to understand Ayurveda it's meaning, definition and some basic concepts of Ayurveda.	K-1, K-2
3	3. CO3 The Student will able to understand Carak Samhita's sloka 41 to 92 of Chapter 1 for longevity of Life.	K-2
4	4. CO4 The Students will understand importance of Ayurveda through Carak Samhita's sloka 92 to the end of Chapter 1	K-2
5	5.CO5 The Students will be able to understand Cikitsaka, Ausadhi, Paricaraka and Rogi in 9 <sup>th</sup> chapter of Sutra Sthan.	K-2
6	6. CO6 The Students will be able to understand Remedies and Diseases from 10 <sup>th</sup> Adhyay of Sutrasthan of Caraka Samhita.	K-2
7	7.CO7 The Students will be able to understand To acknowledge students with Astanga Hridaya with basic principles of Ayurveda.	K-2
8	8.CO8 The Student will be able to understand meaning and values of Astanga Hridaya Chapter 1 Sloka 20-44.	K-2

**Suggested Readings-**

1. Caraka Samhita (In 2 Volumes), Jaydev Vidhyalankar, Motilal Banarsidas Pub Pvt Ltd, New Delhi.
2. Caraka Samhita (In 2 Volumes), Dr Minu Srivastav Khare and Dharendra Bahadur, Chaukhambha Orientalia, Varanasi.
3. Astanga Hridayam, Lal Chandra Vaidhya, Motilal Banarasidas Pub Pvt Ltd, New Delhi.
4. Atrideva Vidhyalankar, Ayurveda Ka Vrihad Itihas, Hindi Samiti, Uttar Pradesh Shasana, Lucknow, 1976.
5. Atrideva Vidhyalankar, Sanskrit Sahitya me Ayurveda, Bhartiya Gyanpitha, Kashi, 1956.
6. Baldeva Upadhyay, Sanskrit Vangmayaka Vrihad Itihas (Ayurved Ka Itihas Saptas Khand), Uttar Pradesh Sanskrit Sansthan, Lucknow, 2006.

  
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