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### (57) Abstract:

The present invention discloses an Herbal formulation for prevention and treatment of diabetics. Disclosed herein is a formulation that provides at least 1 x 104 to 1 x 105 Insulin Equivalent units in 1 milliliter where the herbal extract comprises extracts from Artemisia dracunculus, Cichoria endivia and Lactuca sativa and a metal (e.g., chromium, iron, manganese, zinc, or copper). In certain embodiments, the extracts from Artemisia dracunculus, Cichoria endivia and Lactuca sativa are dried aqueous extracts where the aqueous extracts are produced by a process comprising extracting leaves of Artemisia dracunculus, Cichoria endivia and Lactuca sativa.

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