

ROVERS AND RANGERS FIVE DAYS PARIKSHAN TRAINING CAMP

16th March 2023-21st March 2023

Under the aegis of Bharat Scouts and Guide, Rovers and Rangers unit of KMCLU underwent First day of its Five days Parikshan training (16th-21st March)Ms Chaya and Arvind Mishra from Bharat Scouts and Guide trained our unit for five hours (10 am to 2 pm). The training drill comprised of outdoor activities and classroom-theoretical understanding of Rovers and Rangers including its motto of 'service to society' pledge, and song.

The objective of this training camp is to develop leadership skills through team building, decision making and problem-solving. It will foster personal growth through self-reliance and a disciplined lifestyle. It further encourages community service through volunteering and conservation efforts.



Rovers and Rangers Unit of KMCLU is immensely grateful to our VC sir for giving our students this opportunity.





DAY 2

Rovers and Rangers unit continued their training with renewed zeal. The Second day comprised of physical training and theory classes. The unit was taught about the objectives and purpose of creating Rovers and Rangers and their role in society.





Day 3

Day 3 of Rovers and Rangers Camp focussed on B.P exercises where Rangers and Rovers performed six set of different exercises as demonstrated by the trainers for strength and agility. Rangers and Rovers were taught about flag hoisting rules, parade rules and other regulations of Scouts. The Outdoor Drill exercises comprised of different types of knots tying activities that would be useful in the outdoor camps and competitions._In Indoor/ Classroom sessions Rangers and Rovers were taught about Scout





Guide rules, flag songs, and different prayers to create a sense of belongingness as a unit. The unit was also given written assignments on scouting. The camp day concluded with group song of scouts. In Indoor/ Classroom sessions Rangers and Rovers were taught about Scout Guide rules, flag songs, and different prayers to create a sense of belongingness as a unit. The unit was also given written assignments on scouting. The camp day concluded with group song of scouts. There was a provision of small refreshments for the unit in between after toiling in the ground for long hours.



Day 4

Day 4 of Rovers Rangers Camp focussed on FIRST AID TRAINING. The objective of the training was to equip the unit with the knowledge and skills needed to provide basic first aid in emergency situations.

The training session was conducted by experienced trainers who provided a mix of theoretical and practical training. The trainers used presentations and hands-on exercises to engage the unit. The training session covered a wide range of topics related to basic first aid. The units were taught how to assess a patient's condition, treat choking, control bleeding and wounds, manage shock, treat burns, and immobilize fractures and sprains and how to make stretchers with bamboo sticks. The trainers also emphasized the importance of having a well-stocked first aid kit and knowing how to use its contents effectively.







Day 5

Day 5 of Rangers and Rovers Camp Parikshan Training included tent pitching, tent decoration, cooking, and cultural performances. The competition began with tent pitching, where each group of Rangers and Rovers was tasked with pitching a tent in the shortest amount of time. The units were judged based on the time taken to pitch the tent, the accuracy of the tent pitching, and the overall stability and structure of the tent. The judges were impressed by the speed and precision of the participants and noted that all teams were able to pitch their tents correctly and efficiently.

After the tent pitching competition, the Rangers and Rovers were required to decorate their tents. The teams came up with unique and interesting tent designs reflecting their teamwork and artistic abilities

Following the tent decoration competition, the Rangers and Rovers moved on to the cooking competition. Each team was asked to prepare one meal, chokha-bati within an hour which they accomplished despite resistant weather condition.

The final activity of the day was the cultural performance, where each showcased their talents. The five day Parikshan Training ended with National Anthem and the unfurling of the Rovers and Rangers Flag.















