

KHAWAJA MOINDDIN CHISTI LANGUAGE UNIVERSITY, LUCKNOW-226013

DEPARTMENT OF PHYSICAL EDUCATION

B.A./UG I, III & B.A. V Semester, 2022-23 (Time Table)

Day	Course	10.00-11.00	11.00-12.00	12.00-01.00	01.00-02.00	02.00-03.00	03.00-04.00	04.00-05.00
Mon.	B.A./UG I Semester		Elementals of Physical Education E020101T Credit-06 Lecture-1, Gym. (Dr. Hasan Mehdi)		Elementary	Yoga and Holistic Life (SDC) E020104T Credit-06 Lecture-1, Gym. (Dr. Hasan Mehdi)		
	B.A./UG III Semester	Anatomy and Exercise Physiology / General Science E020301T/ E020302T Credit-06 Lecture-1, Gym. (Dr. Hasan Mehdi)		Wellness And Fitness E020303T Credit-6/3 Lecture-1, Gym. (Mohammad Sharique)	Anatomy, Physiology, Wellness & Fitness E020304T Credit-06 Generic Elective Lecture-1, Gym. (Dr. Hasan Mehdi)	AECC		
	B.A. V Semester	Test & Measurement in Physical Education/ Sports Training (CCPE-11/12) Credit-06 Lecture-1, Gym (Mohammad Sharique)	Kinesiology & Biomechanics in Physical Education/ Sports Journalism (DSEPE-1/2) Credit-06 Lecture-1, Gym. (Mohammad Sharique)					
Tues.	B.A./UG I Semester		Elementals of Physical Education E020101T Credit-06 Lecture-2, Gym. (Dr. Hasan Mehdi)		Elementary	AECC	AECC	
	B.A./UG III Semester	Anatomy and Exercise Physiology / General Science E020301T/ E020302T Credit-06 Lecture-2, Gym. (Dr. Hasan Mehdi)		Wellness And Fitness E020303T Credit-6/3 Lecture-2, Gym. (Mohammad Sharique)	Anatomy, Physiology, Wellness & Fitness E020304T Credit-06 Generic Elective Lecture-2, Gym. (Dr. Hasan Mehdi)	AECC		
	B.A. V Semester	Test & Measurement in Physical Education/ Sports Training (CCPE-11/12) Credit-06 Lecture-2, Gym (Mohammad Sharique)	Kinesiology & Biomechanics in Physical Education/ Sports Journalism (DSEPE-1/2) Credit-06 Lecture-2, Gym. (Mohammad Sharique)					Practical-1 (CCPE-11/12) Gym. (Mohammad Sharique)

Day	Course	10.00-11.00	11.00-12.00	12.00-01.00	01.00-02.00	02.00-03.00	03.00-04.00	04.00-05.00
Wed.	B.A./UG I Semester		Elementals of Physical Education E020101T Credit-06 Lecture-3, Gym. (Dr. Hasan Mehdi)		Elementary	Health and Fitness Minor Elective E020103T Credit-04 Lecture-1, Gym. (Dr. Hasan Mehdi)		
	B.A./UG III Semester	Anatomy and Exercise Physiology / General Science E020301T/ E020302T Credit-06 Lecture-3, Gym. (Dr. Hasan Mehdi)		Wellness And Fitness E020303T Credit-6/3 Lecture-3, Gym. (Mohammad Sharique)	Anatomy, Physiology, Wellness & Fitness E020304T Credit-06 Generic Elective Lecture-3, Gym. (Dr. Hasan Mehdi)			
	B.A. V Semester	Test & Measurement in Physical Education/ Sports Training (CCPE-11/12) Credit-06 Lecture-3, Gym (Mohammad Sharique)	Kinesiology & Biomechanics in Physical Education/ Sports Journalism (DSEPE-1/2) Credit-06 Lecture-3, Gym. (Mohammad Sharique)					
Thurs.	B.A./UG I Semester		Elementals of Physical Education E020101T Credit-06 Lecture-4, Gym. (Dr. Hasan Mehdi)		Elementary	Health and Fitness Minor Elective E020103T Credit-04 Lecture-2, Gym. (Dr. Hasan Mehdi)		
	B.A./UG III Semester	Anatomy and Exercise Physiology / General Science E020301T/ E020302T Credit-06 Lecture-4, Gym. (Dr. Hasan Mehdi)		Wellness And Fitness E020303T Credit-6/3 Lecture-4, Gym. (Mohammad Sharique)	Anatomy, Physiology, Wellness & Fitness E020304T Credit-06 Generic Elective Lecture-4, Gym. (Dr. Hasan Mehdi)	Counseling in Sports (SEC) E020305T Credit-3 Lecture-1, Gym. (Mohammad Sharique)		
	B.A. V Semester	Test & Measurement in Physical Education/ Sports Training (CCPE-11/12) Credit-06 Lecture-4, Gym (Mohammad Sharique)					Practical-1 (DSEPE-1/2) Gym. (Mohammad Sharique)	

Day	Course	10.00-11.00	11.00-12.00	12.00-01.00	01.00-02.00	02.00-03.00	03.00-04.00	04.00-05.00
Fri.	B.A./UG I Semester		Practical-1 Fitness & Yoga E020102P Ground/Gym (Dr. Hasan Mehdi)		Yoga and Holistic Life (SDC) E020104T Credit-06 Lecture-2, Gym. (Dr. Hasan Mehdi)	Health and Fitness Minor Elective E020103T Credit-04 Lecture-3, Gym. (Dr. Hasan Mehdi)		
	B.A./UG III Semester			Wellness And Fitness E020303T Credit-6 Lecture-5, Gym. (Mohammad Sharique)	Counseling in Sports (SEC) E020305T Credit-3 Lecture-2, Gym. (Mohammad Sharique)		Practical-1 Health and Physiology/Table Tennis E020301P/ E020302P Ground/Gym (Dr. Hasan Mehdi)	
	B.A./UG V Semester	Practical-2 (CCPE-11/12) Gym. (Mohammad Sharique)					Practical-2 (DSEPE-1/2) Gym. (Mohammad Sharique)	
Sat.	B.A./UG I Semester		Practical-2 Fitness & Yoga E020102P Ground/Gym (Dr. Hasan Mehdi)		Yoga and Holistic Life (SDC) E020104T Credit-06 Lecture-3, Gym. (Dr. Hasan Mehdi)	Health and Fitness Minor Elective E020103T Credit-04 Lecture-4, Gym. (Dr. Hasan Mehdi)		
	B.A./UG III Semester			Wellness And Fitness E020303T Credit-6 Lecture-6, Gym. (Mohammad Sharique)	Counseling in Sports (SEC) E020305T Credit-3 Lecture-3, Gym. (Mohammad Sharique)		Practical-2 Health and Physiology/Table Tennis E020301P/ E020302P Ground/Gym (Dr. Hasan Mehdi)	
	B.A./UG V Semester	Kinesiology & Biomechanics in Physical Education/ Sports Journalism (DSEPE-1/2) Credit-06 Lecture-4, Gym. (Mohammad Sharique)						

4 Credit in Theory = 04 Hours
1 Credit=02 hours in Practical
2 Credit= 04 hours in Practical

Mohammad Sharique = 21Classes
Dr. Hasan Mehdi =23 Classes

(Mohammad Sharique)
Assistant Professor
Department of Physical Education
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