



National Education Policy (NEP) 2020
Proposal for Two Days Workshop

Dated: 24.02.2021

Introduction:

Due to the pandemic situations of educationists as well as students have faced a lot of stress which may have affected their mental health. The students faced difficulties like internet connectivity of the online classes as many of them even reside in the rural areas. Many of the students are not able to afford a smartphone, laptop and desktop. Some of the internal exams scheduled online were also difficult to conduct both on the part of teaching fraternity as well as the students. Therefore an urgent need was felt to conduct a workshop.

Title of workshop: "कोविड-19 के पश्चात तनाव से ग्रसित अध्यापकों एवं विद्यार्थियों के मानसिक स्वास्थ्य की जांच एवं निर्देशन"

Objectives of workshop:

1. How to cope up with stress?
2. To know the value of mental health.
3. To cover atleast 100 students to testify their mental health.

Tentative date of workshop: 24 March, 2021

Expert Name: Dr. Kamlesh Tiwari (Rtd.) Principal Psychologist
Psychological Bureau of U.P., Prayagraj


Expected Expenditure:

- | | | |
|-------------------------|---|------------|
| 1. Photocopy Charges | : | Rs. 1000/- |
| 2. Travelling allowance | : | Rs. 6000/- |
| 3. Honorarium | : | Rs. 5000/- |

Food & lodging to be arranged by the university.

Note: if students require their mental health report it will be provided second day of the workshop.

(Prof. Chandana Dey)
Dean F/O Social Sciences
Mentoring & Counseling Cell
NEP-2020


(Mohammad Sharique)
Assistant Professor
Mentoring & Counseling Cell
NEP-2020



ख्वाजा मुईनुद्दीन चिश्ती भाषा विश्वविद्यालय, लखनऊ, उत्तर प्रदेश (भारत)
Khwaja Moinuddin Chishti Language University, Lucknow, U.P. (India)

U.P. STATE GOVERNMENT UNIVERSITY,
(Recognised Under Section 2(f) & 12(B) of the UGC Act, 1956 & B.Tech. Approved by (AICTE))



To,

Dated: 08-06-2021

Prof. S.S.A. Ashrafi
The Member Secretary
National Education Policy-2020

Subject: Regarding the work details of cells under the NEP-2020

Sir,

With reference to your letter dated 07.06.2020, it is to inform you that a proposal of organising Two Days Workshop on 24.03.2021 entitled "कोविड-19 के पश्चात तनाव से ग्रसित अध्यापकों एवं विद्यार्थियों के मानसिक स्वास्थ्य की जांच एवं निर्देशन" had been submitted to you dated 24-02-2021 but due to examination held in March and pandemic situation of Covid-19, it could not be organized. In this connection it is also informed you that some pieces of work regarding the Mentoring & Counseling Cell were to be done, could not be completed due to Covid-19. All such work will be done as soon as the situation becomes normal.

Above said matter sent for necessary information and action.

Enclosure(s): Above said letter

(Prof. Chandana Dey)
Dean F/O Social Sciences
Mentoring & Counseling Cell
NEP-2020


(Mohammad Sharique)
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