

A Memorandum of Agreement (MoU) signed between Language University and Heartfulness Education Trust (2025)

A Memorandum of Agreement (MoU) signed between Language University and Heartfulness Education Trust aimed at strengthening the mental, emotional and moral development of students, teachers and staff.

Zonal Coordinator Shalini Mehrotra signed this agreement from Heartfulness Education Trust.

Various programs related to Heartfulness Relaxation, Meditation, Life Skills, Leadership Development and Value Based Education will be organized under this MoU. Also special training sessions will be conducted for teachers and administrative staff.

Under agreement, Heartfulness Corner and Meditation Practice Room will be established at the university, benefiting students towards stress management, increasing concentration and positive thinking and making the academic environment more disciplined and balanced.

Chancellor Prof. Ajay Taneja said that in today's time, higher education as well as students are mentally and morally empowered. In collaboration with Heartfulness Education Trust, students will move forward with self-control, confidence and life values, which will motivate them to become better citizens.

MoU Nodal Officer Dr. Neeraj Shukla, Registrar Dr. Mahesh Kumar and Dean Academics Prof. Sauban Saeed was also present.

This MoU will remain effective for three years, which can be pushed forward with mutual consensus





