

महिला अध्ययन केंद्र की गतिविधियाँ

विश्वविद्यालय में महिला अध्ययन केंद्र की स्थापना माननीय कुलपति प्रो. अनिल कुमार शुक्ल ने २७ अप्रैल, २०२१ को की जिसकी समन्वयक डॉ. नलिनी मिश्रा हैं केंद्र में राज्यपाल सचिवालय, उत्तर प्रदेश से प्राप्त वर्णित तालिका (संख्या ई- ३३५४/जी.एस. दिनांक २८ मई, २०२१) के अनुसार कार्यक्रमों का आयोजन नियमित रूप से किया जा रहा है। महिला अध्ययन केंद्र महिलाओं विशेषकर ग्रामीण क्षेत्र की महिलाओं के उत्थान के लिए सतत रूप उनके शैक्षिक, पारिवारिक, व्यावसायिक, सामाजिक, आर्थिक तथा शारीरिक पक्षों को मजबूत बनाने की दिशा में प्रयासरत है। तालिका में वर्णित गतिविधियों के अतिरिक्त भी केंद्र के अंतर्गत विश्वविद्यालय परिसर के अन्दर तथा बाहर अन्य गतिविधियाँ भी समय समय पर संपादित की जाती रहती हैं। संपन्न हुए मुख्य कार्यक्रम इस प्रकार हैं

- अंतर्राष्ट्रीय महिला दिवस के अवसर पर राजभवन में नाबार्ड द्वारा आयोजित महिला समृद्धि महोत्सव में माननीय कुलपति प्रो. विनय पाठक के नेतृत्व एवं मार्गदर्शन में डॉ. नलिनी मिश्रा ने विद्यार्थियों के द्वारा महिला केन्द्रित विषयों पर नुककड़ नाटक का मंचन द, ६ तथा १० मार्च, २०२१ को कराया जिसको सम्मान एवं प्रशंसा प्राप्त हुई।



- माह मई तथा जून २०२१ में महिला अध्ययन केंद्र द्वारा कोविड महामारी के समय में महिलाओं विशेषकर ग्रामीण महिलाओं को जागरूकता कार्यक्रम के माध्यम से प्रतिरोधक क्षमता बढ़ाने वाले भोज्य पदार्थ, टीकाकरण का महत्व, इत्यादि पर जागरूक किया गया।



- ५ जून, २०२१ को अध्ययन केंद्र द्वारा विश्व पर्यावरण दिवस मनाया गया जिसमें वृक्षारोपण के साथ साथ महिलाओं को दैनिक जीवन में स्वतंत्रता सम्बन्धी जानकारी दी गयी तथा पर्यावरण के विकास की महत्ता भी स्पष्ट की गयी। इसके अतिरिक्त भी वृक्षारोपण कार्यक्रम विश्वविद्यालय में तथा परिसर के बाहर समय समय पर आयोजित किये जाते रहते हैं।

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Activities related to Gender Equity

- महिला अध्ययन केंद्र के माध्यम से ०६ जून, २०२१ माननीय कुलपतिजी की अध्यक्षता में गोद लिये गये गांवों में कोविड तथा स्वास्थ्य परिक्षण शिविर का आयोजन किया गया जिसमें ग्रामीणों को दवाईयां इत्यादि भी वितरित की गई तथा महिलाओं की विशिष्ट जांच तथा पोषण आहार सम्बन्धी काउंसलिंग भी की गई।



- समय-समय पर गांवों में महिलाओं के स्वयं सहायता समूहों से वार्ता करके उनकी समस्याओं पर चर्चा-परिचर्चा की जाती है तथा इन समस्याओं के निवारण हेतु कार्य किये जाते हैं।
- प्रत्येक शनिवार को परिसर में डॉ० नलिनी मिश्रा के संयोजन में बालिका स्वास्थ्य क्लब द्वारा महिलाओं हेतु योग शिविर तथा आत्मरक्षा प्रशिक्षण (मार्शल आर्ट्स ट्रेनिंग) कराई जाती है, जिसमें औसतन 70-75 महिलाओं की सहभागिता रहती है।



- दिनांक 24.09.2021 को माननीय कुलपति प्रो. अनिल कुमार शुक्ल जी की अध्यक्षता में महिला अध्ययन केंद्र के सहयोग से रक्त दान शिविर का आयोजन किया गया। शिविर में रक्तचाप एवं हीमोग्लोबिन की जांच की गई तथा एनिमिया पाये जाने पर महिलाओं एवं छात्राओं को परामर्श भी प्रदान किया गया।



- आजादी के अमृत महोत्सव पर महिला अध्ययन केंद्र द्वारा महिलाओं में नेतृत्व की भावना के विकास के लिए जागरूकता अभियान चलाया गया।
- गोद लिये गांवों में गर्भवती महिलाओं से समय-समय चर्चा करके उन्हें स्वास्थ्य तथा पोषण सम्बन्धी जानकारी दी जाती है।
- विश्वविद्यालय द्वारा अपने विभिन्न विभागों की पाठ्यचर्या में भी गर्भ संस्कार तथा महिला विकास सम्बन्धी पाठ्यक्रमों को सम्मिलित किया गया है।

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Activities related to Gender Equity

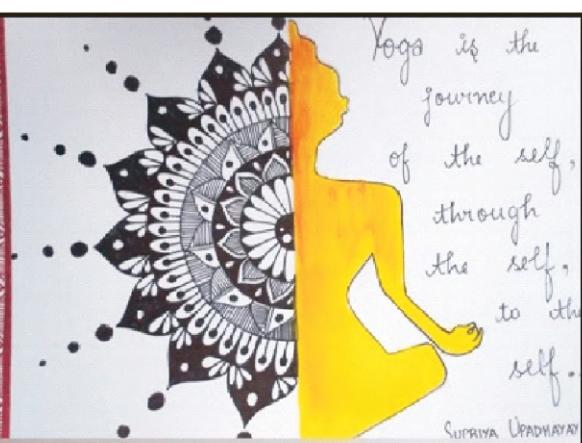
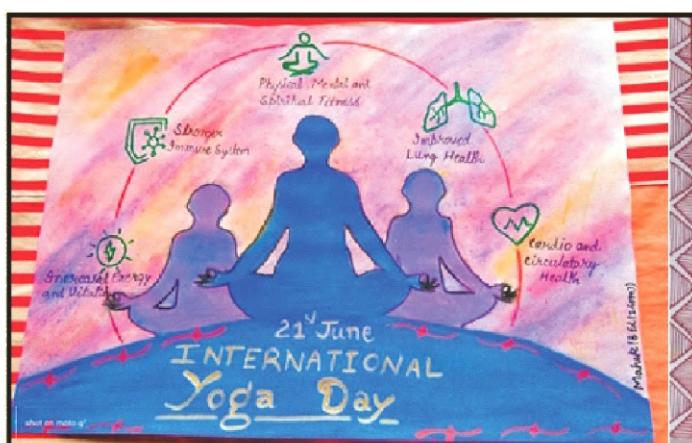
- महिला अध्ययन केंद्र द्वारा गोद लिये गये 05 गांवों में भी समय—समय पर स्वच्छता सम्बन्धी सामाजिक अभियान चलाया जा रहा है, जिसमें ग्रामीण क्षेत्र में रहने वाली महिलाओं को स्वच्छता के प्रति जागरूक किया जा रहा है तथा स्वास्थ्य



सम्बन्धी लाभों तथा क्षय रोग, कोविड एवं अन्य बीमारियों से बचाव को बताया जाता है।

- महिला अध्ययन केंद्र मिशन शक्ति ३.० के उद्देश्यों की सफलता के लिए प्रतिबद्ध है तथा इसमें गतिविधियों एवं कार्यक्रमों के माध्यम से महिलाओं के उन्नयन की दिशा में कार्य सम्पादित किये जा रहे हैं।

- सोशल मीडिया के माध्यम से विभिन्न विषयों पर ई पोस्टर तथा विडियो संदेश भी प्रसारित किये गये हैं। समय—समय पर रैली, पोस्टर प्रतियोगिता, स्लोगन प्रतियोगिता एवं परिचर्चा माध्यम से भी महिलाओं को जागरूक किया जा रहा है।



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FREE BMI CAMP

Month: 10-Oct-18

Participants: 147

Organizer: Student Council

Outcome/Impact:

The BMI Camp held in Campus attracted 147 participants. Organized by the Student Council, the event aimed to raise awareness about maintaining a healthy Body Mass Index (BMI). Participants received personalized consultations and learned about adopting healthy lifestyle choices. The camp successfully empowered individuals to take charge of their health. The event's impact was evident through active engagement and enthusiastic participation, promoting a culture of wellness within the university community.

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SAVE GIRL CHILD MISSION

Month: 14-Mar-19

Participants: 40

Organizer: Student Council

Outcome/Impact:

It resulted in increased awareness about the importance of girls' well-being, leading to improved gender equality. The impact includes a positive shift in societal attitudes, enhanced educational opportunities for girls, and a reduction in discriminatory practices, contributing to a more inclusive and equitable community.

YOGA UNDER MISSION SHAKTI PROGRAMME

Month: 04-May-19

Participants: 56

Organizer: Student Council

Outcome/Impact:

It led to improved physical and mental well-being among participants. The impact includes enhanced awareness of ~~the~~ ^{Omisha}

benefits of yoga, reduced stress levels, and increased overall health. This initiative has contributed to empowering individuals, fostering a sense of balance and resilience, and promoting the integration of yoga into daily lifestyles for a more holistic approach to well-being under the Mission Shakti Programme.

CHUPPI TODO KHULKAR BOLO ABHIYAN

Month: 20-May-19

Participants: 27

Organizer: Women Study Centre

Outcome/Impact:

It resulted in breaking the silence around important social issues. The impact includes increased dialogue, heightened awareness, and reduced stigma surrounding topics that were previously considered taboo. This initiative has contributed to fostering open communication, empowering individuals to speak up, and creating a more inclusive and supportive community that addresses and tackles sensitive issues openly and constructively.

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DOCUMENTARY FILM ON MAL NUTRITION

Month: 20-Jul-19

Participants: 22

Organizer: Student Council

Outcome/Impact:

It raised awareness about this critical issue, fostering a deeper understanding of its causes and consequences. The impact includes increased public knowledge, advocacy for nutritional interventions, and potential policy changes to address malnutrition.

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BETI BACHAO BETI PADHAO ABHIYAN

Month: 27-Jan-20

Participants: 83

Organizer: Women Study Centre

Outcome/Impact:

The Women Study Centre conducted an awareness campaign on "Beti Bachao Beti Padhao". The aim of the event was to raise awareness about the importance of educating and empowering girls. Through various interactive sessions and discussions, a total of 83 individuals were sensitized to the issues surrounding gender inequality and the significance of providing equal opportunities for girls to receive education. The outcome of the awareness drive was increased awareness among the participants about the "Beti Bachao Beti Padhao" initiative, promoting a positive shift in societal attitudes towards gender equality and girls' education.

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GENDER EQUALITY

Month: 13-Apr-20

Participants: 13

Organizer: Student Council

Outcome/Impact:

It led to increased awareness, advocacy, and positive changes in attitudes and practices. The impact includes reduced gender-based discrimination, improved opportunities for all genders, and the fostering of inclusive and diverse workplaces and communities. This initiative has contributed to creating a more equitable society, empowering individuals of all genders, and challenging stereotypes and biases. The long-term impact is a more just and equal world where everyone has the opportunity to thrive regardless of gender.

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PROMOTION OF GIRLS' RIGHTS AMONG THE COMMUNITY.

Month: 4 June 2021

Participants: 18

Organizer: Women Study Centre & NSS

Outcome/Impact:

It led to increased awareness, advocacy, and positive changes in attitudes and practices. The impact includes improved recognition of girls' rights, enhanced educational opportunities, and reduced gender-based discrimination. This initiative has contributed to fostering a more inclusive and equitable community, empowering girls to pursue their aspirations, and challenging traditional gender norms.

Gender Sensitization Programme Report

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Date: 17-10-2021

Number of Participants: 46

The Gender Sensitization initiative conducted on 17-10-2021 aimed to increase awareness and understanding of gender issues, fostering a more inclusive community. With 46 participants actively engaged, the initiative sought to challenge stereotypes, promote gender equality, and create safer and more supportive environments for all individuals.

Through interactive workshops, discussions, and awareness campaigns, participants explored concepts of gender identity, gender roles, and gender-based violence. The initiative also provided opportunities for reflection and dialogue on the impact of gender norms and expectations on individual rights, opportunities, and experiences.

By fostering critical thinking, empathy, and allyship, the Gender Sensitization initiative seeks to dismantle harmful attitudes and behaviors that perpetuate discrimination and inequality based on gender. Moving forward, efforts will continue to promote gender equity and empower individuals to advocate for inclusive policies and practices that uphold the rights and dignity of all genders.

Women Empowerment Report

Date: 03-03-2022

Number of Participants: 45 Organizing Committee: NCC

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The Women Empowerment initiative organized by the NCC on 03-03-2022 aimed to promote opportunities and rights for women, fostering empowerment and gender equality within the community. With 45 participants actively involved, the initiative sought to raise awareness about women's rights, challenge gender stereotypes, and create pathways for women's leadership and participation in decision-making processes.

Through empowerment workshops, skill-building sessions, and advocacy campaigns, participants explored strategies to overcome gender-based barriers, assert their rights, and pursue their aspirations. The initiative also provided a platform for women to share their experiences, voice their concerns, and mobilize collective action for gender equality and social justice.

By promoting women's empowerment and gender inclusivity, the initiative contributed to building a more equitable and inclusive society where women can thrive and contribute to sustainable development. Moving forward, efforts will continue to advance women's rights, expand access to opportunities, and dismantle systemic barriers to gender equality in all spheres of life.

Workshop on Cervical Cancer Report

Date: 01-06-2022

Number of Participants: 32

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Organizing Committee: Women Study Centre

The Workshop on Cervical Cancer organized by Rovers and Rangers on 01-06- 2022 raised awareness about cervical cancer prevention and early detection strategies within the community. With 32 participants actively engaged, the workshop aimed to educate individuals about the risk factors, symptoms, and screening options for cervical cancer.

Through informative presentations, interactive discussions, and Q&A sessions with healthcare professionals, participants learned about the importance of regular screenings, vaccination against HPV, and lifestyle factors that can reduce the risk of cervical cancer. The workshop also provided resources and support for individuals to access cervical cancer screening services and follow-up care.

By promoting cervical cancer awareness and prevention, the workshop empowered individuals to take proactive steps in protecting their health and well-being. Moving forward, efforts will continue to prioritize women's health initiatives and advocate for policies that ensure equitable access to cervical cancer screening and treatment services for all members of the community.



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Beti Bachao Beti Padhao

Date: October 26, 2022

Event: Beti Bachao Beti Padhao

Organizer: National Service Scheme

Objective:

The Beti Bachao Beti Padhao event held on October 26, 2022, by NSS Members aimed to raise awareness on gender equality and education for girls.

Activities and Highlights:

1. Educational Workshops:

- The event featured educational workshops focusing on the importance of gender equality and the empowerment of girls through education.
- Discussions addressed societal biases, challenges faced by girls in accessing education, and strategies to promote equal opportunities for all.

2. Awareness Campaigns:

- Awareness campaigns were conducted to challenge stereotypes and misconceptions surrounding the role of girls in society.
- Informational materials and presentations highlighted the benefits of educating girls and the importance of creating supportive environments for their growth and development.

3. Community Engagement:

- Engagements with community leaders and stakeholders were conducted to mobilize support for gender equality initiatives.
- Collaborations with local schools and organizations facilitated the dissemination of information.

resources to promote girls' education and empowerment.

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Outcome:

The Beti Bachao Beti Padhao event succeeded in raising awareness about gender equality and the importance of educating girls. Participants and community members were empowered with knowledge and resources to challenge gender stereotypes and advocate for equal opportunities for girls in all spheres of life. The event contributed to the ongoing dialogue on gender equity and laid the groundwork for sustained efforts to address gender-based disparities in education and beyond.

Future Initiatives:

Inspired by the impact of Beti Bachao Beti Padhao, NSS members plan to organize follow-up initiatives focused on girls' education and empowerment. Future activities may include scholarship programs, mentorship opportunities, and advocacy campaigns aimed at removing barriers to girls' education and promoting gender-sensitive policies in schools and communities. By mobilizing resources and fostering partnerships, NSS members aim to create a more inclusive and equitable society where every girl has the opportunity to fulfill her potential.

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HOME SCIENCE DEPARTMENT ORGANIZED FREE BMI CAMP
FOR TEACHERS AND STUDENTS AS PART OF NATIONAL
NUTRITION MONTH (12.09.2018)



STUDENT COUNCIL VOLUNTEERS CALCULATED BODY MASS
INDEX FOR THE PARTICIPANTS (12.09.2018)

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Cervical Cancer & HPV Vaccination Programme



An Awarenesss Workshop on "Cervical Cancer & HPV Vaccination" in collaboration with Ram Manohar Lohia Institute of Medical Sciences. **Dr. Neetu Singh** oriented girls and women about importance of HPV Vaccination



Poster launch on "Cervical Cancer & HPV Vaccination" awareness in the Workshop

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Gender-related Co curricular Activities



Mime on the theme "**Gender based discrimination in society**" organized during Celebration of Sports and Culture in University



Mehndi designing Workshop organized in University for skill enhancement

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Gender-related Co curricular Activities



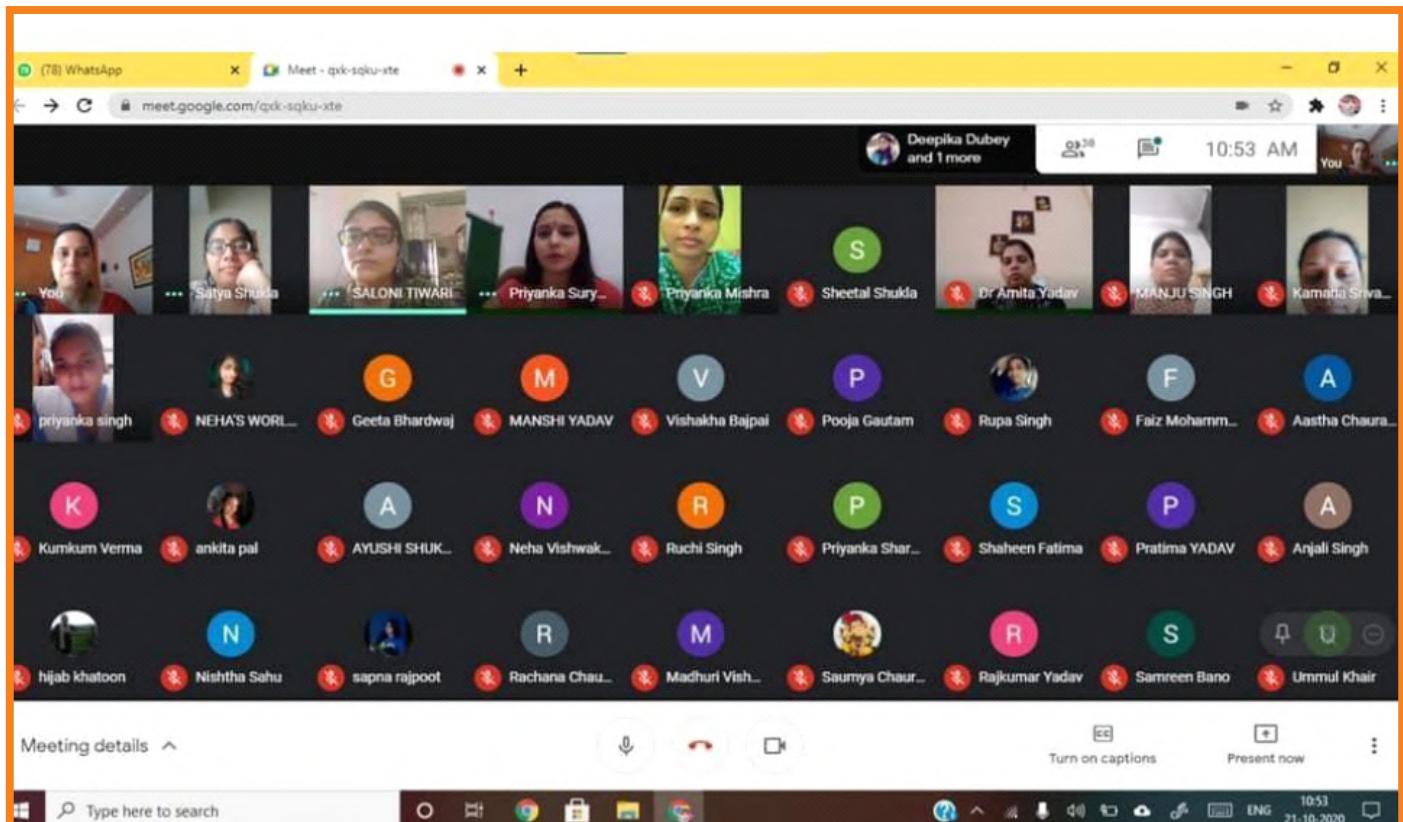
Gender sensitization programme in the University on the theme
"Beti Bachao Beti Padhao"



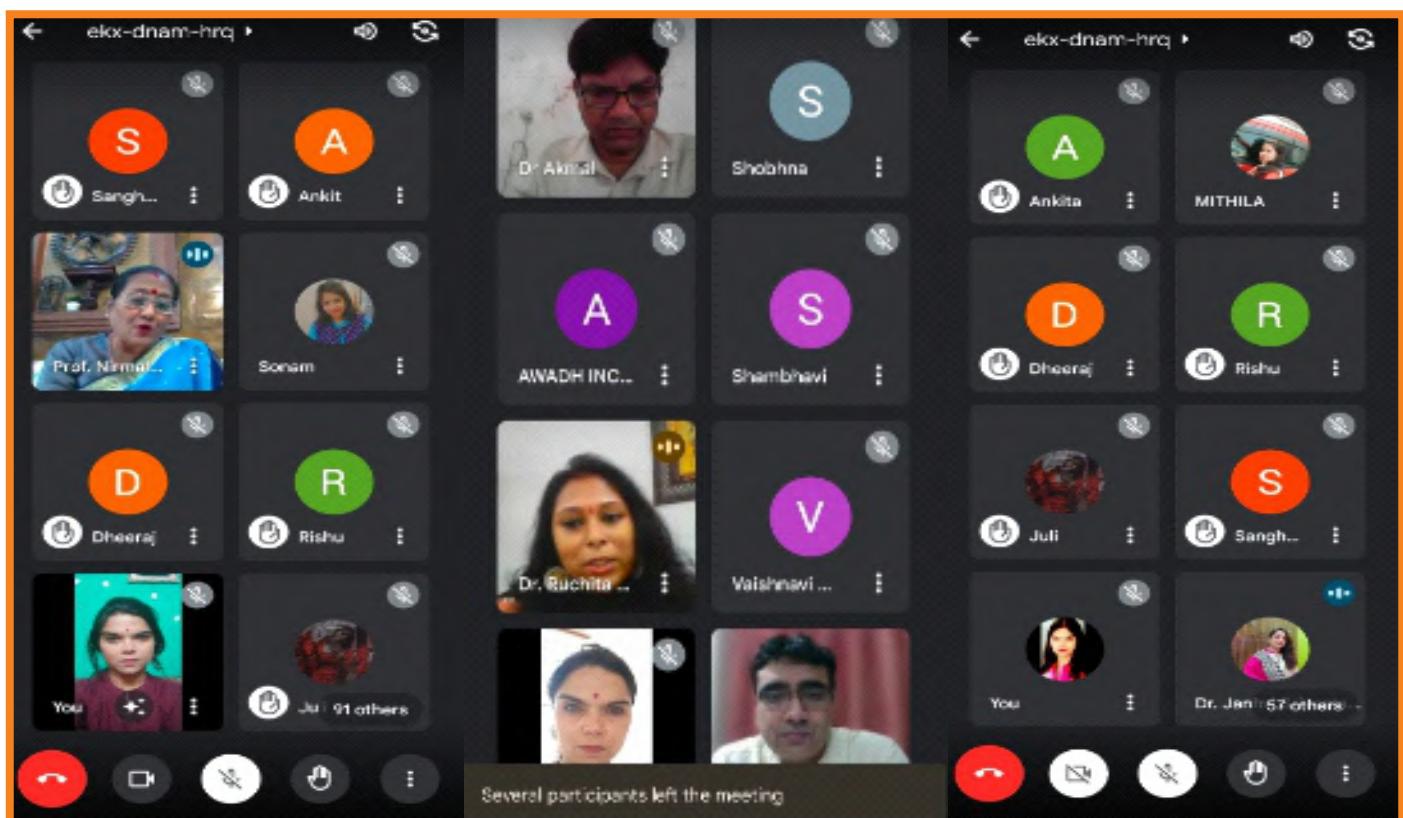
Expert lecture being delivered for gender sensitization of faculty, staff and students

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Women-Centric Webinars



Webinar held in online mode on the theme
“Women Empowerment” (21-10-2020)



Webinar organized by the University on the topic "**Safety, Respect and Self-Reliance of Women**" held on 08 March 2021

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