

Report on Celebration of International Yoga Day Khwaja Moinuddin Chishti Language University, Lucknow

On 21 June, 2026 Khwaja Moinuddin Chishti Language University, Lucknow, enthusiastically celebrated International Yoga Day on its campus with active participation from both teaching and non-teaching staff. The event aimed to promote physical, mental, and emotional well-being in alignment with the global vision of fostering a healthier society.

The yoga session was conducted in the esteemed presence of the **Honourable Vice Chancellor, Prof. Ajay Taneja**, who encouraged participants to incorporate yoga into their daily routines for a balanced and stress-free life. Faculty members, administrative staff, and other employees actively engaged in various yoga practices, demonstrating collective commitment toward health and wellness.

In addition to the on-campus activities, faculty members of the university also participated in a larger yoga gathering held at Jan Bhawan, Lucknow, in the gracious presence of the **Honourable Governor of Uttar Pradesh, Smt. Anandiben Patel**. This participation reflected the university's dedication to community engagement and state-level initiatives promoting yoga.

Furthermore, NCC cadets of the university proudly represented the institution at a yoga camp organized at Janeshwar Mishra Park, Lucknow. Their participation highlighted the spirit of discipline, fitness, and national service among the students.

The celebration of International Yoga Day at the university significantly contributed to the promotion of **Sustainable Development Goal (SDG) 3: Good Health and Well-being**, by encouraging individuals to adopt healthier lifestyles through yoga and mindfulness practices.

Overall, the event was a great success, reinforcing the importance of yoga as a holistic approach to achieving physical fitness, mental clarity, and overall well-being.

Glimpse of the International Yoga Day 2026



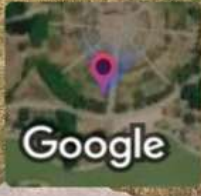
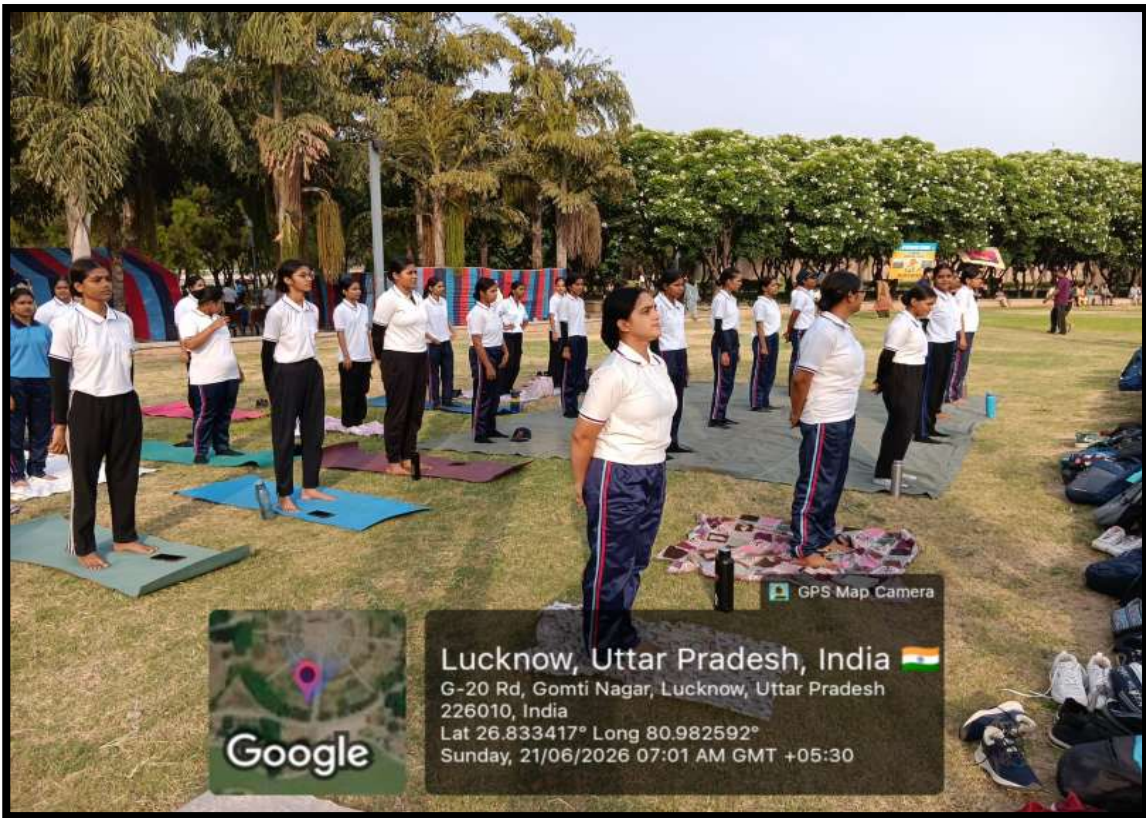
At Campus




Faculty members at Janbhawan



GPS Map Camera
Lucknow, Uttar Pradesh, India 
G-20 Rd, Gomti Nagar, Lucknow, Uttar Pradesh
226010, India
Lat 26.833428° Long 80.982582°
Sunday, 21/06/2026 07:32 AM GMT +05:30



GPS Map Camera
Lucknow, Uttar Pradesh, India 
G-20 Rd, Gomti Nagar, Lucknow, Uttar Pradesh
226010, India
Lat 26.833417° Long 80.982592°
Sunday, 21/06/2026 07:01 AM GMT +05:30

Our students at Janeshwar Mishra Park